

APPLES

BOOKS

10 Apples Up On Top
It's Apple Picking Time
Apple Farmer Annie
The Seasons of Arnolds Apple Tree
Ten Red Apples

SNACKS

HOME MADE APPLESAUCE

It's yummy either hot or cold!

3 pounds (about 12) cooking apples, peeled, cored and sliced

1/2 to 3/4 cup sugar
1/2 cup water
1 teaspoon ground cinnamon

Directions:

In a large microwave-safe bowl, combine all ingredients, stirring well. Cover bowl with wax paper, microwave 9 minutes, then stir. Cover and continue microwaving 5 to 8 minutes or until apples are soft. Mash apples and serve warm or cold.

APPLE CARS

All you need is apples, firm grapes, and food picks*:

1. Slice an apple into wedges and trim the core.



Make a cute label like this one!
"We cut the apple, we cooked the apples, and we mashed the apples"



2. For each apple wedge, slice 2 grapes in half, widthwise.
3. Push the pick through the sliced side of one grape half, then through one end of the apple, then finish with the other grape half, sliced side out.
4. Repeat with the other end of the apple wedge and 2 more grape slices, and they should look like little cars :)

**I used short plastic [bento picks](#), but toothpicks would work as well - maybe break them in half. If your kidlets are a bit young to have toothpicks in their food, uncooked linguine or spaghetti noodles might be better, if the pasta was thick enough to not break in the process.*

FROZEN APPLESAUCE TODDLER TREATS

All you need is a silicon pan.



I added my squeezable pouches in (I layered two flavors here):



Put the pan into the freezer till they were solid (this took a few hours, but will ultimately depend on how much food you layer) and then I popped them out. They come out super easy!

Now another way to do this would be to add little Popsicle stick handles in them or even use a thin apple slice (or carrot, celery, etc) as a handle so your child can pick it up without getting their fingers cold.

These frozen treats are a great alternative to grocery bought ice cream and you can control the fruit or vegis and it tastes just as good! And if you have a pantry full of left over baby food, it helps clear that up as well.

http://www.momdot.com/frozen_toddler_treats/

APPLE OATMEAL MUFFINS



Ingredients:

1 cup quick cooking oats 3/4 cup light sour cream 1/4 cup milk
1/3 cup butter (melted)

2 eggs

1 cup light brown sugar

1 cup flour

1 tsp baking powder

1/4 tsp baking soda

1 tsp cinnamon

1/4 tsp nutmeg

1/2 tsp vanilla

1/2 tsp salt

1 apple (peeled, shredded - at least 1 cup) **Optional Add-ins:**

chopped nuts

raisins

dried cranberries

Directions:

1. Preheat oven to 375 (F). In a bowl add sour cream and milk to oats. Set aside.
2. In another bowl, beat two eggs and add vanilla. Set aside.
3. Peel and core an apple, chop into quarters and grate. Reserve juice.
4. In a large mixing bowl, add brown sugar and whisk to remove any lumps.

5. Add flour, baking powder, baking soda and salt to brown sugar. Combine thoroughly.
6. Add cinnamon and nutmeg to mixture and combine.
7. Create a well in the center of dry mixture. Pour beaten egg mixture and melted butter into well. **Make sure melted butter is not hot or it will cook your eggs!**
8. Fold dry mixture into egg mixture until combined. Mixture will be stiff.
9. Fold in oat-sour cream-milk combination. Stir in shredded apple and juice.
10. Spray muffin tin with a little Canola Oil or line cups with muffin papers.
11. Fill muffin cups full, if not brimming, with batter.
12. Bake 375 (F) for 20 - 25 minutes. Allow muffins to cool in tins on a rack for about 10 minutes before attempting to remove from tin.

Makes 12 regular sized muffins or 24 mini-muffins.

www.averagebetty.com

CIRCLE TIME

5 LITTLE APPLES HUNG ON A TREE

(flannel Board)

Here's the rhyme, courtesy of Katie:

Five little apples
Hung in a tree
The farmer wasn't looking.
So guess who came to eat?
A caterpillar! Munch munch munch!

Four little apples
Hung in a tree



The farmer wasn't looking.
So guess who came to eat?
A horse! Munch munch munch!

Three little apples
Hung in a tree
The farmer wasn't looking.
So guess who came to eat?
A pig! Munch munch munch!

Two little apples
Hung in a tree
The farmer wasn't looking.
So guess who came to eat?
A bird! Munch munch munch!
One little apple
Hung in a tree
The farmer wasn't looking.
So guess who came to eat?
A scarecrow! Munch munch munch!

Now the tree is bare
There are no more apples there
But when next fall comes around
Guess who'll be there!
The caterpillar
The horse
The pig
The bird
And the scarecrow!

I'm planning on using finger puppets to "munch" the apple. Each apple has a plain side and a side with a bite/half missing from it, so I'm going to flip the apples after the puppet takes a bite.

<http://storytimekatie.com/2011/09/09/flannel-friday-apples/>

(or shorter version)
5 APPLES

___5___ red apples, high in the tree,
apples always taste so good to me.
So I shake the tree, one falls to the ground.
Now there are ___4___ red apples, juicy and round.

Con't.....3,2,1,0

HAVE YOU EVER SEEN AN APPLE

Have you ever seen an apple,
An apple, an apple?
Have you ever seen an apple,
That grows on a tree?

A red one, a yellow one,
a green one, a golden one?

Have you ever seen an apple
that grows on a tree?

http://www.1plus1plus1equals1.com/Apple_Songs.pdf free printable

10 APPLES UP ON TOP

Print picture from book (8 x 10) to cover an oatmeal container. Make apples out of egg carton pieces, and paint them with red paint, nail polish, or a Sharpie depending on a plastic or cardboard egg carton.

Stack on top along with the book.

Found on icanteachmychild.com



The Little House with No Doors and No Windows and a Star Inside

Author Unknown

(Have an apple, a cutting board, and a knife ready for the ending. Enjoy the apple slices after this story.)

Once there was a little boy who had played almost all day. He had played with all his toys and all the games he knew, and he could not think of anything else to do. So, he went to his mother and asked, “Mother, what shall I do now?”

His mother said, “I know about a little red house with no doors and no windows and a star inside. You can find it, if you go look for it.”

So the little boy went outside and there he met a little girl. He asked, “Do you know where there is a little red house with no doors and no windows and a star inside?”

The little girl said, “No, I don’t know where there is a little red house with no doors and no windows and a star inside, but you can ask my daddy. He is a farmer and he knows lots of things. He’s down by the barn and maybe he can help you.” So, the little boy went to the farmer down by the barn and said, “Do you know where there is a little red house with no doors and no windows and a star inside?”

“No,” said the farmer, “I don’t know, but why don’t you ask Grandmother. She is in her house up on the hill. She is very wise and knows many things. Maybe she can help you.”

So, the little boy went up the hill to Grandmother’s and asked, “Do you know where there is a little red house with no doors and no windows and a star inside?”

“No,” Grandmother answered, “I don’t know, but you ask the wind, for the wind goes everywhere, and I am sure he can help you.”

So, the little boy went outside and asked the wind, “Do you know where I can find a little red house with no doors and no windows and a star inside?”

And the wind said, “OHHHH! OOOOOOOO!” And it sounded to the little boy as if the wind said, “Come with me.” So the little boy ran after the wind. He ran through the grass and into the orchard and there on the ground he found the little

house – the little red house with no doors and no windows and a star inside! He picked it up, and it filled both of his hands. He ran home to his mother and said, “Look, Mother! I found the little red house with no doors and no windows, but I cannot see the star!”

So this is what his mother did (cut the apple across the middle from side to side, not top to bottom). “Now I see the star!” said the little boy. “Do you?”



TOSS THE APPLE



Found on theweekendhomemaker.com

LITERACY/SCIENCE

CREATE AN APPLE BOOK

Cut out an apple shape for the cover, cut several more outlined apple shapes, and write or make labels for each apple.

COVER: Apples (color or use red construction paper)

1st PAGE: Apples grow on trees. (draw a tree with fingerprint apples)

2nd PAGE: Apples have a star inside. (cut out a star, color and glue on page)

3rd PAGE: Apples have a stem. (glue a real stem, or a brown paper one)

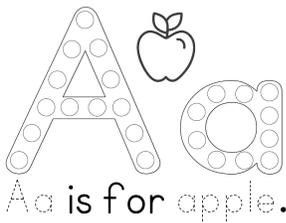
4th PAGE: Apples have seeds. (glue seeds on page, or cut brown paper)

5th PAGE: Apples can be red, yellow, or green. (use fingerprint, or color)

BACK COVER: (Have another red apple either colored or red paper.)



A is for apple (and a whole preschool pack)



Use dots, daubers, or fingerprints to fill the Aa's.

<http://allourdays.com/2011/06/free-printable-aa-is-for-apple-tot-preschool-pack.html>

APPLE STAR POEM WITH PRINT

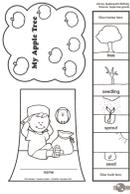


THERE'S A STAR INSIDE AN APPLE! IT'S A
MIRACLE INDEED, THAT THIS SWEET AND JUICY APPLE WAS
ONCE A TINY SEED!

LIFE CYCLE OF AN APPLE TREE

http://www.theeducationcenter.com/editorial_content/growing-up

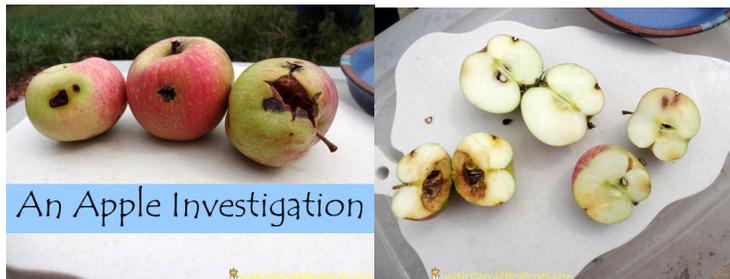
AND



http://www.theeducationcenter.com/editorial_content/my-apple-tree

APPLE INVESTIGATION

We got a plate, cutting board, and a knife and went to examine some apples.



The apples were damaged in various places. We wondered how far spread the damage was. Was the entire apple rotten, or was the damage just on the outside? We expected the apple on the right to have the most damage.

The apple on the far left was actually the most damaged. The apple in the middle just had a small spot that could be easily cut off. Half of the apple on the far right was inedible. Now we tasted the apples to see if they were ripe. They were good. We will be visiting our apple tree again soon.

You can also get a magnifying glass to examine the apples further. Check out the seeds, where is the worm, and so much more!

NAME HUNT



Draw the lion from the book and add name apples.

APPLE SINK OR FLOAT EXPERIMENT

The kids loved this experiment! I filled up a tub with water and asked the children if they thought our apples would sink or float when put into the tub of water. I made a chart and recorded all their answers then we conducted out little experiment. What did we find? Our apples floated in the water. The kids were amazed - most of them thought our heavy apples would sink!



<http://www.momto2poshlildivas.com/2012/09/preschool-apple-week-crafts-activities.html>

APPLE SCENTED CLOUD DOUGH

7 cups of flour

1 cup of vegetable oil

Apple Pie Spice and/or cinnamon



Combine the ingredients in a sensory bin or container and mix well.

<http://www.growingajeweledrose.com/2012/10/apple-scented-cloud-dough-activity.html>

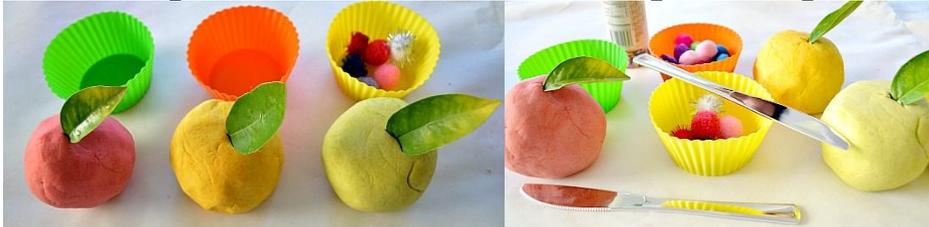
APPLE DOUGH (With real apples!)

<http://www.blogmemom.com/fall-activities-apple-dough-recipe/>

Add the flour, salt, oil and the cream of tartar to a large bowl.

Then spoon in the apple pie filling (which was ground to a fine puree). I'd assume you can also use apple sauce to make this very fragrant recipe. After adding the apple, add more apple pie spice for extra fragrance.

Add boiling water and kneaded the dough into big balls of apples. We



made three colors – red, green and yellow. Set out a few simple supplies for them for pretend play. A few silicone cupcakes liners, sprinkles, pom poms and plastic knives and spoons.

The recipe

1 cup flour

1/4 cup salt

2 tbsp oil

1 tbsp of cream of tar tar

2 tbsp of apple pie filling

a good sprinkle of apple spice.

3/4 cup of boiling water.

If you need a stronger scent, add more pie filling and a bit more flour.

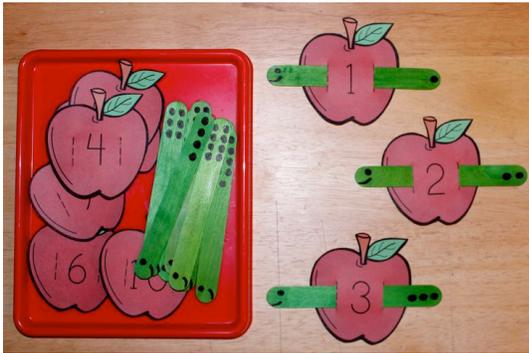
MATH



FREE PRINTABLE (can use fingerprints for apples)

<http://kelly2johnson.blogspot.com/2011/11/apple-basket-counting-activity-free.html>

APPLE WORM COUNTING



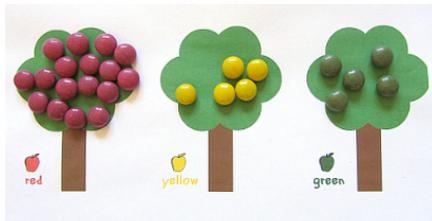
Found on 123learncurriculum.com

CANDY APPLE TREES

FREE PRINTABLE

<http://www.notimeforflashcards.com/2013/09/candy-apple-math-game-for-kids.html>

candy apple trees
SORTING & COUNTING GAME



MUFFIN TIN APPLE COUNTING

Write the numbers 1-6 inside the cups and add dots for each.

Then the children pick apples (pom poms) using pincers and add the correct number to each cup in the muffin pan.

ART

SPICY APPLE PRINTS



Cut an apple in half, and dip in paint, add cloves or cinnamon while the paint dries

<http://fun-a-day.com/spicy-apple-art-for-kids/>

APPLE CORE



Paper plate apple core with paint or marker.

<http://pagingsupermom.com/2012/08/easy-apple-craft/>



CANDY APPLES

Use wooden craft sticks, glitter, colored rice, paper hole punch scraps and add scents to create cute caramel apples!

APPLE TREE



Using a toilet paper tube, with crumpled paper or tissue, and use the end of a pencil dipped in paint.

APPLE SCENTED PUFFY PAINT

<http://www.learnplayimagine.com/2013/09/homemade-paint-recipe-candy-apple-puffy.html>

Supplies:

salt
flour
water
liquid watercolors or food coloring
squeeze bottles
butcher paper
cinnamon
apple flavor
caramel flavor

Directions: Pour the ingredients to a ziploc baggie, one baggie for each color. Use 1/3 cup of flour, 1/3 cup of salt, and 1/3 cup of water for each batch. You can easily modify the recipe for the quantity you want by using equal parts of those three ingredients. Add the flour and salt first. Then add the color and scent. The flavors and colors can be candy apple red, apple cinnamon green, golden delicious yellow (scent free), and caramel brown. Due to the white base of the paint recipe use quite a bit of color for each batch.



Squeeze the bags well to get all of the lumps out and to mix the ingredients well. Lumps of flour can clog the squeeze bottles. If this happens, simply remove the lid and rinse it under warm water to clear the blockage. By mixing in ziploc baggies it helps to avoid lumps. Once mixed well, cut the corner of each bag and add to the squeeze bottles. With standard bottles you should be able to pour directly from the ziploc bags into the squeeze bottles.



APPLE THEMED SENSORY BOX

(SM. PLASTIC APPLES, CIN. STICKS, OATMEAL, SMALL BUCKETS, AND RED JEWELS.)